

## Prof. Pablo Gracia

Research Professor of Sociology  
Autonomous University of Barcelona, Centre for Demographic Studies  
Carrer de Ca n'Altayó, Edifici E2, UAB, 08193  
Bellaterra, Barcelona (Spain)

<http://pablogracia-sociology.com>

<https://orcid.org/0000-0001-8294-2816>

[pgracia@ced.uab.es](mailto:pgracia@ced.uab.es)

|| +34 623 925 670

### ACADEMIC AREAS

---

\* Families; Social Inequalities; Gender; Child & Adolescent Well-Being; Digital Media; Life Course

\* Quantitative Methods; Comparative Research; Time Use; Digital Social Research; Mixed Methods

### EMPLOYMENT

---

- 2024 – **Research Professor.** Department of Sociology & Centre for Demographic Studies, Autonomous University of Barcelona.
- 2023 – 2024 **Professor in Sociology.** Department of Sociology, School of Social Sciences and Philosophy. Trinity College Dublin.
- 2021 – 2023 **Associate Professor in Sociology.** Department of Sociology, School of Social Sciences and Philosophy. Trinity College Dublin.
- 2017 – 2021 **Assistant Professor in Sociology.** Department of Sociology, School of Social Sciences and Philosophy. Trinity College Dublin.
- 2015 – 2017 **Postdoctoral Researcher.** Max Weber Programme, Department of Political and Social Sciences. European University Institute.
- 2012 – 2015 **Postdoctoral Researcher.** Department of Sociology, Amsterdam Centre for Inequality Studies, Amsterdam Institute for Social Science Research. University of Amsterdam.

### EDUCATION

---

- 2008 – 2012 Pompeu Fabra University. **PhD** in Sociology. *Diverging Parenting Behaviour: Education, Class, Gender and Institutions* [supervisors: Gosta Esping-Andersen, Jonathan Gershuny; panel: Suzanne Bianchi, Sebastian Sarasa, Oriel Sullivan].
- 2010 – 2012 University of Oxford. **PhD Visiting Student.**
- 2006 – 2007 Pompeu Fabra University. **MSc** in Social Demography.
- 2001 – 2006 Autonomous University of Barcelona. **BA** in Sociology.

### ACADEMIC VISITS

---

- 12/2023 **Sciences Po.** *Center for Research on Social Inequalities.* Visiting Researcher [Host: Dr. Bastian Betthaeuser].
- 11/2022 **University of Mannheim.** *MZES.* Erasmus + Visiting Lecturer & Researcher [Host: Prof. Irena Kogan].
- 09/2021 **WZB, Berlin Social Science Centre.** *President Group.* Visiting Researcher [Hosts: Dr. Jan Paul Heisig, Dr. Jianghong Li].
- 07/2019 **Pompeu Fabra University.** *DemoSoc Group.* Department of Political and Social Sciences. Visiting Researcher [Host: Dr. Aïda Sole].

- 04/2018 **New York University. Silver School of Social Work.** Visiting Researcher [Host: Prof. Wen-Jui Han].
- 03/2017 **University College London. Institute of Education. Institute of Social Research.** Visiting Researcher & Lecturer [Host: Dr. Maria Sironi].
- 01/2017 **Institut National d'Études Démographiques INED.** Visiting Researcher [Hosts: Dr. Lidia Panico, Dr. Anne Solaz].
- 06-07/2015 **Autonomous University of Barcelona. Centre for Demographic Studies.** Visiting Researcher [Host: Prof. Albert Esteve].
- 06/2014 **University of Antwerp. Herman Deleeck Centre for Social Policy.** Visiting Researcher [Host: Dr. Wim Van Lancker].
- 2010/12 **University of Oxford. Department of Sociology.** Doctoral Visiting Researcher [Host: Prof. Jonathan Gershuny].

## AWARDS AND PRIZES

---

- 2023 European Research Council. Consolidator Grant Award.
- 2021 Poster Conference Finalist Award. RC28 on Social Stratification & Mobility.
- 2020 Trinity Excellence in Teaching Award Nomination. Trinity College Dublin.
- 2018 Provost Research Award. Trinity College Dublin.
- 2015 Max Weber Fellowship Prize. European University Institute.
- 2011 Aage Sorensen Paper Award. RC28 on Social Stratification and Mobility.
- 2009 Fundacion Alternativas Young Researchers Prize. Fundacion Alternativas.
- 2008 FPU Doctoral Award. Spanish Ministry of Science.

## SCIENTIFIC PROJECTS AND GRANTS

---

### Current projects:

- 2024 – 2029 “DIGINEQ: Digital Time Use, Adolescent Well-Being and Social Inequalities”. Funder: European Research Council, ERC Consolidator Grant. **PI:** Pablo Gracia [**€ 2,000,000**] (grant agreement accepted at Universitat Autònoma de Barcelona and Centre for Demographic Studies; Starting date: October 2024).
- 2023 – 2025 “NONWELL: Consequences of Nonstandard Work Schedules for Parent and Child Wellbeing: A Cross-Country Study”. Funder: DFG, German Research Foundation. PIs: Jianghong Li & Matthias Pollmann-Schult; [**~ € 200,000**]. **Partner:** Pablo Gracia.
- 2020 – 2025 “DIGYMATEX: Establishing A Comprehensive Understanding and Taxonomy of Children's Digital Maturity”. Funder: SC6- TRANSFORMATIONS-07-2019-RIA. Horizon 2020, Societal Challenges. PI: Marco Hubert [€3.45 million]. **Leading Irish Partner:** Pablo Gracia [**€ 226,000**].

### Previous projects as PI or co-PI:

- 2022 – 2024 “Gender Inequalities in Mental Health across Parenthood Transitions: A Life-Course Approach”. Funder: GOI PG Award, Irish Research Council. PhD PI: Sandrine Metzger & **Supervisor PI:** Pablo Gracia [**€ 55,000**].
- 2022 – 2023 “Examining Social Inequalities in Adolescents’ Digital Time Use and Well-Being Outcomes”. Funder: Enterprise Ireland. **PI:** Pablo Gracia [**€ 15,000**].
- 2020 – 2023 “Researching and Promoting Positive Adult and Child Mental Health and Wellbeing in Lone-Parent Families”. Funder: MSCA Programme H2020, European Commission and Irish Research Council; Marie Skłodowska-Curie Actions Caroline Cofund. Postdoc PI: Cadhla McDonnell and **Mentor PI:** Pablo Gracia [**€ 220,000**].

- 2020 – 2023 “Social Inequalities in Child Time Use and Development in Ireland: A Mixed-Methods Longitudinal Approach”. Funder: GOIPG Award, Irish Research Council. PhD PI: Melissa Bohnert & **Supervisor PI: Pablo Gracia [€ 82,000]**.
- 2019 – 2023 “Socioeconomic Inequalities, Children’s Time Use and Child Well-Being in Ireland”. Provost Project Award Competition, Trinity College Dublin. **PI: Pablo Gracia [€ 104,000]**.
- 2019 – 2021 “Child Digital Use and Social Inequalities: The Role of Digital Socialisation in Intergenerational Inequalities in Ireland”. Funder: Arts and Social Sciences Benefaction Funds Competition, TCD. **PI: Pablo Gracia [€ 3,000]**.
- 2018 – 2020 “Social Inequalities in Girls’ and Boys’ Daily Activities and Skills Accumulation in Ireland and Australia”. Funder: Funder: Arts and Social Sciences Benefaction Funds Competition, TCD. **PI: Pablo Gracia [€ 3,000]**.
- 2018 – 2019 “Inequalities in Child Activities and Development: A Multi-Method, Longitudinal and Cross-Country Approach”. Funder: Enterprise Ireland. **PI: Pablo Gracia [€ 15,000]**.
- 2015 – 2017 “Parental Conditions, Family Relations, and Work: Implications for Families and Children”. Funder: Max Weber Fellowship Programme, European University Institute. **PI: Pablo Gracia [€ 51,000]**.
- 2013 – 2014 “Family Conditions and Child Outcomes”. Funder: European Consortium for Sociological Research Network (7<sup>th</sup> European Commission Framework). Partners: University of Amsterdam (main partner), GESIS, Goethe Frankfurt, Oxford, MZES Mannheim, Trento, WZB Berlin. **PI: Pablo Gracia [€ 3,500]**.
- 2009 – 2010 “Work-Family Policy and Gender Inequalities in Paid and Unpaid Work in Spain”. Funder: Alternativas Foundation. **PIs: Pablo Gracia and Daniela Bellani [€ 1,500]**.
- 2008 – 2012 “Diverging Parenting Behaviour: Socioeconomic Background, Gender and Institutions”. Funder: Spanish Ministry of Science. **PI: Pablo Gracia (PI, PhD) & Supervisor PI: Gosta Esping-Andersen [€ 65,000]**.

**Previous projects not as PI or co-PI:**

- 2011 – 2013 “Stratified Family Dynamics: Polarizing Trends in Couple Behavior and Parenting”. PI: Gosta Esping-Andersen. EU Commission. ERC Advanced Grant. **[€ 2.100,000]**. Role: **PhD Researcher**.
- 2010 – 2013 “Analysis of Multiple Equilibria in Families”. PI: Gosta Esping-Andersen. Funder: Spanish Ministry of Science **[€ 166,000]**. Role: **PhD Researcher**.
- 2009 – 2010 “Economic Change, Quality of Life and Social Cohesion Network of Excellence (EQUALSOC)”. Coordinator: Robert Erikson. Funder: EU Commission (FP7) **[€ 8.429,000]**. Role: **PhD Researcher**.
- 2008 – 2012 “Distributive Effects of Women’s New Roles”. PI: Gosta Esping-Andersen. Funder: Spanish Ministry of Science **[€ 138,000]**. Role: **PhD Researcher**.

**SCIENTIFIC PUBLICATIONS**

---

**\* Scientific articles submitted:**

Pietropoli I. & **Gracia, P.** 'Social Inequalities in Children’s Early Cognitive and Socioemotional Development: The Role of Home Learning Environments and Early Childhood Education'. **Revised and Resubmitted.**

Metzger, S. & **Gracia, P.** 'Transition to Parenthood, Mental Health, and Gender: The Role of Time Use'. **Revised and Resubmitted.**

Bobrowicz, K., **Gracia, P.**, Teuber, Z., & Greiff, S. Early childhood policies promote individual skills far more than social cohesion. **Revised and Resubmitted.**

Bohnert, M., **Gracia, P.** & Kelly, Y. 'Adolescent Digital Use and Mental Health: Associations and Pathways between Digital Engagement and Youth Depressive Symptoms by Gender'. *Under review*.

Heisig, J.P., **Gracia, P.**, Morton, T., Power, S.A., Schaeffer, M. & Overgaard-Udsen, R. 'Mothers' Time Use and Well-Being during COVID-19 School Disruptions in Denmark'. *Under review*.

Bohnert, M. & **Gracia, P.** 'Digital Parenting Styles and Child Well-Being: A Latent Class Analysis of Parental Mediation Strategies and their Influence on Children's Socioemotional Outcomes'. *Under review*.

McDonnell, C. & **Gracia, P.** 'Mental Health Disparities between Lone and Partnered Mothers: A Longitudinal Mediation Analysis on the Role of Stressors'. *Under review*.

**\* Scientific articles published in peer-reviewed journals:**

1. García-Román, J., **Gracia, P.** & Zerbini, G. (2024) 'Cross-National Differences in Adolescents' Sleep Patterns: A Time-Use Approach'. *International Journal of Adolescence and Youth*. 29(1), 2335198.

2. Baranowska-Rataj, A., **Gracia, P.** & Schulz, W. (2024). 'Introduction to Analytical Framework on Families' Resilience and Youth Well-Being in Contexts of Global Socioeconomic Crises'. Forthcoming in *Demographic Research*.

3. Nordrum, E. & **Gracia, P.** (2023). 'Impacts of Broadband Internet on Adolescents' Academic Outcomes: Heterogenous Effects among Lower Secondary School Students in Norway'. *Information, Communication & Society*. doi.org/10.1080/1369118X.2023.2295360.

4. Bohnert, M. & **Gracia, P.** (2023). 'Digital Use and Socioeconomic Inequalities in Adolescent Well-Being: Longitudinal Evidence on Socioemotional and Educational Outcomes'. *Journal of Adolescence*. doi.org/10.1002/jad.12193.

5. Metzger, S. & **Gracia, P.** (2023). 'Gender Differences in Mental Health following the Transition into Parenthood: Longitudinal Evidence from the UK'. *Advances in Life Course Research*. 56, 100550.

6. Cano, T. & **Gracia, P.** (2022). 'The Gendered Effect of Divorce on Mothers' and Fathers' Time with Children and Children's Developmental Activities: A Longitudinal Study'. *European Journal of Population*. 38, 1277–1313.

7. García-Román, J. & **Gracia, P.** (2022). 'Gender Differences in Time Use Across Age Groups: A Study of Ten Industrialized Countries, 2005-2015'. *Plos One*. 17(3): e0264411.

8. **Gracia, P.**, García-Román, J., Oinas, T., & Anttila, T. (2022). 'Gender Differences in Child and Adolescent Daily Activities. A Cross-National Time Use Study'. *Acta Sociologica*. 65(1), 45-61.

9. Bohnert, M. & **Gracia, P.** (2021) 'Emerging digital generations? Impacts of child digital use on mental and socioemotional well-being across two cohorts in Ireland, 2007 – 2018'. *Child Indicators Research*. 14 (2), 629-659.

10. **Gracia, P.**, Han, WJ, & Li, J. (2021). 'Nonstandard Work Schedules in 29 European Countries, 2005-2015: Differences by Education, Gender and Parental Status'. *Monthly Labor Review* (June).

11. **Gracia, P.**, García-Román, J., Oinas, T., & Anttila, T. (2020). 'Child and Adolescent Time Use: A Cross-National Study'. *Journal of Marriage and Family*. 82(4), 1304-1325.

12. **Gracia, P.** & García-Román, J. (2018). 'Child and Adolescent Developmental Activities and Time Use in Spain: The Gendered Role of Parents' Work Schedules and Education'. *European Sociological Review*. 34(5), 518–538.

13. Gil, C. & **Gracia, P.** (2018). 'Adolescents' Educational Aspirations and Ethnic Background: The Case of Students of African and Latin American Migrant Origin'. *Demographic Research*. 38(23), 577-618.

14. **Gracia, P.** & Ghysels, J. (2017). 'Educational Inequalities in Parental Care Time: Cross-National Evidence from Belgium, Britain, Denmark, and Spain'. *Social Science Research*. 63(2), 166-180.

15. Roeters, A. & **Gracia, P.** (2016). 'Child Care Time, Parents' Well-Being, and Gender: Evidence from the American Time Use Survey'. *Journal of Child and Family Studies*. 25(8), 2469–2479.
16. **Gracia P.**, Vázquez-Quesada, L., Van de Werfhorst, H.G. (2016). 'Ethnic Penalties? The Role of Human Capital and Social Origins in Labour Market Outcomes of Second-Generation Moroccans and Turks in the Netherlands'. *Journal of Ethnic and Migration Studies*. 42(1), 69-87.
17. **Gracia, P.** & Kalmijn, M. (2016). 'Parents' Family Time and Work Schedules: The Split-Shift Schedule in Spain'. *Journal of Marriage and Family*. 78(2), 401-415.
18. **Gracia, P.** & Esping-Andersen, G. (2015). 'Fathers' Child Care Time and Mothers' Paid Work: A Cross-National Study of Denmark, Spain, and the United Kingdom'. *Family Science*. 6(1), 270-281.
19. **Gracia P.** (2015). 'Parent-Child Leisure Activities and Cultural Capital in the United Kingdom: The Gendered Effects of Education and Social Class'. *Social Science Research*. 52 (4), 290-302.
20. **Gracia, P.** (2014). 'Fathers' Child Care Involvement and Children's Age in Spain: A Time Use Study on Differences by Education and Mothers' Employment'. *European Sociological Review*. 30 (2), 137-150.
21. Esping-Andersen, G., Boertien, D., Bonke, J., & **Gracia, P.** (2013). 'Couple Specialization in Multiple Equilibria'. *European Sociological Review*. 29 (6), 1280-1294.

**\* Books:**

22. Chambers, D & **Gracia, P.** (2022). 'A Sociology of Family Life: Change and Diversity in Intimate Relations'. Cambridge: *Polity Press*.

**\* Edited special collections:**

23. Baranowska-Rataj, A., **Gracia, P.** & Schulz, W. [Editors] (2024). 'Families' resilience and the well-being of children and youth in contexts of global socioeconomic crises'. Special Issue forthcoming in *Demographic Research*.

**\* Book chapters:**

24. Han, W.H., **Gracia, P.** & Li, J. (2024). 'Parental Work Schedules and Hours in 29 European Countries, 2005-2015: A Welfare State Comparison'. In Repo, K., Tammelin, M. & Eerola, P. (Eds.) Families with Children in a Turbulent Era. *Edward Elgar* (accepted).
25. **Gracia, P.** (2024). 'Child and Adolescent Time Use and Well-Being Outcomes: Current Debates and Evidence'. In Sullivan, O. & Bittman, M. (Eds.). Research Handbook on Time-Use and Society. *Edward Elgar* (accepted).
26. **Gracia, P.**, Bohnert, M. & Celik, S. (2023). 'Digital Inequalities and Adolescent Mental Health: The Role of Socioeconomic Background, Gender and National Context', in Skopek, J. (Ed.). Research Handbook on Digital Sociology (pp. 328-347). *Edward Elgar*.
27. **Gracia, P.** (2020). 'Children's time use', in D.T. Cook [Ed.] The SAGE Encyclopedia of Children and Childhood Studies (pp. 504-506). London: *Sage*.

**\* Book reviews:**

28. **Gracia, P.** (2022). 'Review of Ellen Helsper: The Digital Disconnect: The Social Causes and Consequences of Digital Inequalities'. *New, Media & Society*. 24(1), 250-251.
29. **Gracia, P.** (2013). 'Review of J.Treas & S.Drobnic [eds.] 'Dividing the domestic. Men, women and household work in cross-national perspective'. *European Sociological Review*. 29(2), 404-406.

30. **Gracia, P.** & Delclos, C. (2012). 'Review of William J. Wilson: 'The truly disadvantaged: The inner city, the underclass, and public policy''. *Athenea Digital*. 12(1), 247-250.

**\* Scientific reports:**

31. **Gracia, P.** (2016). 'Social Stratification and Parental Care: An Analysis of the Spanish Case'. *La Caixa 'Obra Social' Foundation*. 1-7.

32. **Gracia, P.** (2013). 'Parenting and Inequality'. In Christina Inbakaran and Marie-Louise Van Der Klooster (Eds.). 2012 Time Use (1-12). Melbourne: *Deakin University*.

33. **Gracia, P.,** & Bellani, D. (2010). 'Las políticas de conciliación en España y sus efectos: un análisis de las desigualdades de género en el trabajo del hogar y el empleo'. *Fundación Alternativas, Estudios de Progreso* (51) 1-58.

**INVITED TALKS AND PRESENTATIONS**

---

\* **2024:** European Population Conference // Applied Psychology Seminar Series, University College Cork (Invited) // Trinity College Dublin, Sociology Seminars.

\* **2023:** University College London, Social Research Institute Seminars (Invited) // University of Oxford, Oxford Internet Institute Seminars (Invited) // Sciences Po, Center for Research on Social Inequalities Seminars (Invited) // European Consortium for Sociological Research Conference // EU Science JRC, DIGCLASS International Workshop. Seville, Spain // University of Turku, INVEST Seminars (Invited).

\* **2022:** University of Mannheim, MZES Seminars (Invited) // University of Oslo, Social Inequalities and Population Dynamics Seminars (Invited) // European Association for Research on Adolescence Conference // Max Weber Fellows Conference, European University Institute. Florence, Italy // European Association for Population Studies Seminar, EAPS Group on Child and Adolescent Development // H2020 Cross-Project Conference on Young People and Digital Media. Oslo, Norway (Keynote).

\* **2021:** University of St Andrews, Population and Health Research Group Seminars (Invited) // Population Association of America; International Association for Time Use Research Conference // Trinity College Dublin, Sociology Seminars.

\* **2020:** University of Oxford, Sociology Seminars (Invited) // Population Association of America Conference; University of Valencia, Time Studies in Childhood and Youth (Invited) // Barcelona Time Use Week Conference. Barcelona, Spain (Invited).

\* **2019:** Erasmus Rotterdam University, DPAS International Lecture Series (Invited) // Economic and Social Research Institute Seminar Lectures. Dublin, Ireland (Invited) // European Consortium for Sociological Research Conference // Trinity College Dublin, Sociology Seminars // Long Room Hub ("Working for the Home" Conference). Dublin, Ireland (Invited).

\* **2018:** Harvard University, Weatherhead Initiative on Gender Inequality ("Gender Inequality: It's About Time" Workshop) (Invited) // New York University, NYU Silver School of Social Work Silver Lectures // Maryland University, Maryland Population Research Centre Seminars (Invited) // European Population Conference // University of Limerick, Limerick Social Science School (Invited).

\* **2017:** WZB, Berlin Social Science Centre ("Cross-Country Comparative Project on the 24/7 Economy" Conference) (Invited) // Institut national d'études démographiques (INED) Seminars // European Consortium for Sociological Research Conference // Max Weber Fellows Conference, European University Institute. Florence, Italy // Lund University ("Caregiving Responsibilities across the Life Course: An International perspective" Workshop) // Italian Association of Population Studies Conference.

\* **2016:** European Consortium for Sociological Research Conference // Max Weber Fellows Conference, European University Institute. Florence, Italy // WZB, Berlin Social Science Centre (“Global Research Network on the 24/7 Economy” Workshop) (Invited).

\* **2015:** International Sociological Association/RC28 Spring Meeting // Population Association of America Conference // University Carlos III, Social Sciences Seminars (Invited) // Autonomous University of Barcelona, Center for Demographic Studies (CED) Seminars (Invited) // UNED Sociology Seminars. Madrid, Spain (Invited) // Dutch-Flemish Sociological Association Annual Conference.

\* **2014:** International Association for Time Use Research Conference // University of Antwerp, Herman Deleeck Centre for Social Policy Seminars (Invited) // University of Mannheim, MZES Seminar (Invited) // Dutch-Flemish Sociological Association Annual Conference // University of Amsterdam, Amsterdam Centre for Inequalities Annual Conference.

\* **2013:** Population Association of America Conference // Free University of Brussels, Brussels Institute for Social and Population Studies, TOR Seminars (Invited) // European Consortium for Sociological Research Conference // International Association for Time Use Research Annual Conference // Spanish Sociological Association Conference.

\* **2012:** European Consortium for Sociological Research Conference // International Sociological Association/RC28 Summer Meeting

\* **2011:** American Sociological Association Conference // International Association for Time Use Research Conference

\* **2010:** University of Oxford, GRIPS Seminars (Invited) // EQUALSOC Network (“Household Labour” Workshop). Antwerp, Belgium // International Association for Time Use Research Conference

\* **2009:** European Sociological Association Conference // University of Antwerp, Herman Deleeck Centre for Social Policy Seminars (Invited)

\* **2008:** European Graduate Network in Political and Social Sciences Conference. Budapest, Hungary.

## **SUPERVISION AND MENTORSHIP**

---

### **Postdocs mentoring:**

- Giampiero Tarantino (2022/23): *Place:* Trinity College Dublin; *Topics:* Digital Use; Education & Schools; Adolescent Well-Being; Digital Interventions; *Current Position:* Postdoctoral researcher at Southern University of Denmark.

- Cadhla McDonnell (2019/24): *Place:* Trinity College Dublin; *Topics:* Parental Well-Being; Child Mental Wellbeing; Life-Course Research; Parental Separation. *Current Position:* Postdoctoral researcher affiliated to Trinity College Dublin.

- Beyda Cineli (2024 –): *Place:* Centre for Demographic Studies, Autonomous University of Barcelona; *Topics:* Social Stratification, Life-Course Research, Adolescent Well-Being, Digital Inequalities. *Current Position:* Postdoctoral researcher at UAB/CED.

### **PhD supervision:**

- Melissa Bohnert (2023, completed): *Place:* Trinity College Dublin; *Topics:* Digital Media; Social Stratification; Child & Adolescent Well-Being; *Current Position:* Postdoctoral researcher at University College Dublin.

- Sandrine Metzger (2024, submitted): *Place*: Trinity College Dublin; *Topics*: Gender Inequalities; Parental Well-Being; Mental Health; Life-Course Research; Time Use. *Current Position*: Postdoctoral researcher at University of Vienna.
- Henriette Bering (2024, expected): *Place*: University of Bremen (BIGSSS); *Topics*: Extracurricular Activities; Social Stratification; Cultural Capital; School & Employment Outcomes. *Current Position*: PhD researcher at BIGSSS.
- Seyma Celik (2025, expected): *Place*: Trinity College Dublin; *Topics*: Digital Media; Screen Time; Adolescent Mental Health; Social Inequalities; Digital Interventions; Computational Methods. *Current Position*: PhD researcher at TCD.

### **PhD advisory panel:**

- Julia Leesch (completed). Trinity College Dublin
- Alex Polkey (ongoing). Trinity College Dublin
- Hannah Bowman (ongoing). Trinity College Dublin
- Sadhbh Dowling (ongoing). Trinity College Dublin
- Teresa Koch (ongoing). University of Vienna.

### **Other completed supervision to date:**

13 MA Theses Supervised // 29 BA Theses // 4 Research Assistants.

## **TEACHING**

---

### **Pedagogical training:**

- |      |  |
|------|--|
| 2022 | <b>TCD, Centre for Academic Practice Training.</b> Trinity College Dublin, Trinity Teaching and Learning Programme (10 ECTS; 30 hours) |
| 2017 | <b>Max Weber Teaching Certificate Programme.</b> Max Weber Programme, European University Institute (3 ECTS; 60 hours).                |
| 2008 | <b>UPF Teaching Certificate.</b> Center for Learning Innovation and Knowledge, Pompeu Fabra University (20 ECTS; 500 hours).           |

### **Courses taught: [16 modules; > 1,050 teaching-led hours]**

- |         |   |
|---------|---|
| 2019/21 | ‘Research Design’. PhD. Trinity College Dublin.                           |
| 2019/21 | ‘Comparative Sociology’. BA. Trinity College Dublin.                      |
| 2018 -  | ‘Gender, Work, and Family’. BA. Trinity College Dublin.                   |
| 2018 -  | ‘Introduction to Sociology’. BA. Trinity College Dublin.                  |
| 2018/21 | ‘Research Dissertation Skills’. BA. Trinity College Dublin.               |
| 2017    | ‘Thesis Dissertation’. BA & MA. Trinity College Dublin.                   |
| 2017    | ‘Family Demography’. BA. University College London.                       |
| 2017    | ‘Quantitative Methods.’ BA. University College London.                    |
| 2017    | ‘Concepts and Research in Sociology and Political Science.’ PhD. EUI.     |
| 2017    | ‘Foundations of Comparative Sociology.’ PhD. EUI, Florence.               |
| 2015/16 | ‘Education, Stratification and Life Course.’ BA. University of Amsterdam. |
| 2014    | ‘Relationships, Cohesion, and Inequality.’ MSc. University of Amsterdam.  |
| 2013    | ‘Quantitative Methods in Social Policy.’ MSc. Pompeu Fabra University.    |
| 2009/10 | ‘Social Stratification’. BA. Pompeu Fabra University.                     |
| 2009/10 | ‘Introduction to Sociology.’ BA. Pompeu Fabra University.                 |
| 2007/08 | ‘Labour Sociology.’ BA. Pompeu Fabra University.                          |



## **MEMBERSHIP**

---

American Sociological Association (2010/12) // DemoSoc/UPF (2008/12) // European Association for Research on Adolescence (EARA) (2021/22) // EqualSoc Network (2008/13) // EU Kids Online Network (2022– ) // European Association of Population Studies (2016 – ) // EAPS Child and Adolescent Development (2020– ) // European Consortium for Sociological Research (2012 – ) // International Association for Time Use Research (2010– ) // Population Association of America (2013– ) // RC28/Social Stratification and Mobility (ISA) (2010– ) // Spanish Sociological Association (2013) // Trinity Research in Childhood Centre (2017– ) // Trinity Research Institute in Social Sciences (2017–).

## **ACADEMIC SERVICE**

---

### **Editorial roles:**

- 2019 – **Associate Editor**, European Societies [top European Sociology journal and flagship journal of the European Sociological Association].
- 2019 – **Editorial Board Member**, Social Inclusion [prestigious international journal on understanding and tackling social inclusion and inequalities].
- 2019 – **Editorial Board Member**, Journal of Time Use Research [leading journal on time-use research and flagship journal of the International Association for Time Use Research].
- 2013/15 **Journal Editor**. AMCIS Working Paper Series.

### **Institutional roles:**

- 2024 – **EAPS Steering Committee**. EAPS Group of Child and Adolescent Development, European Association of Population Studies.
- 2024 – **Internal Academic Programme Mentor**. Mentoring Programme, Advancing Your Research Career Programme, Trinity College Dublin.
- 2023 – **EU Kids Online Board Member**. Irish Team Board.
- 2023/24 **External Academic Programme Mentor**. International Academic Mentoring Programme, University of Warsaw.
- 2022/23 **Deputy Research Director**. School of Social Sciences and Philosophy, Trinity College Dublin.
- 2022 **Undergraduate Teaching and Learning Committee Member**. School of Social Sciences and Philosophy, Trinity College Dublin.
- 2021/22 **Undergraduate Studies Coordinator**. Department of Sociology, Trinity College Dublin.
- 2021 – **Executive Committee Member**. Trinity Research in Social Sciences Institute (TRiSS). Trinity College Dublin.
- 2021 – **Research Coordinator**. Department of Sociology, Trinity College Dublin.
- 2021/23 **Erasmus For All Committee**. Trinity Global Relations, Trinity College Dublin.
- 2020/22 **TSM Course Court of Examiners Committee**. Trinity College Dublin.
- 2019/21 **Scientific and Academic Communication Coordinator**. Department of Sociology, Trinity College Dublin.
- 2018/24 **College Tutor**. Annual Tutor (> 50 Students). Trinity College Dublin.
- 2018/23 **Panel Hiring Committee Member**. School of Social Sciences and Philosophy, Trinity College Dublin.
- 2017/21 **Study Abroad Coordinator**. Department of Sociology, Trinity College Dublin.
- 2010 – **Conference Panel Chair & Discussant**. e.g., ECSR, RC-28, EPC, IATUR.

### **Organisation of scientific events**

- 2024 **Masterclass & Workshop Committee.** *Families and Child Development and Well-being.* Edinburgh, Scotland (Participants: ~ 10) [Main Organisers: Nicoletta Balbo, Alicia Garcia-Sierra, Lidia Panico].
- 2023 **Workshop Organizer.** *Families' resilience and well-being of children and youth.* Paris, France (Participants: ~ 20) [Organisers: Anna Baranowska-Rataj, Pablo Gracia, and Wiebke Schulz].
- 2017 **Workshop Committee.** *Gender Inequalities in the 21st Century.* EUI, Florence, Italy (Participants: ~ 15) [Main Organizers: Nevena Kulic & Steven Klein].
- 2014 **Conference Organizer.** *Family Conditions and Child Outcomes.* University of Amsterdam, Netherlands (Participants: ~ 20) [Organiser: Pablo Gracia].

### **SCIENTIFIC EVALUATOR AND PANEL MEMBER**

---

#### **Peer-review service to journals:**

\* Reviewer on multiple occasions (total of 55 journals)

Acta Sociologica\*, Advances in Life Course Research\*, American Journal of Preventive Medicine, American Journal of Sociology, American Sociological Review, Anuario de Psicología, BMC Public Health, British Journal of Sociology, Child Development\*, Children and Youth Services Review\*, Child Indicators Research\*, Demographic Research\*, Demography, European Journal of Population\*, European Societies\*, European Sociological Review\*, Families, Relationships & Societies, Family Science, Fathering, Feminist Economics, Frontiers in Psychology, International Journal of Comparative Sociology, International Journal of Human-Computer Interaction, International Journal of Public Health, International Migration\*, Journal of Child and Family Studies\*, Journal of Ethnic and Migration Studies\*, Journal of Family and Economic Issues\*, Journal of Family Issues\*, Journal of Family Research\*, Journal of Family Studies, Journal of Marriage and Family\*, Journal of Time Use Research\*, Nature, Nature Mental Health, New Media & Society, PLOS One\*, Poetics\*, Population and Development Review, Public Opinion Quarterly\*, Social Science Quarterly, Social Science Research\*, Sociology of Education, Time and Society, Research on Finnish Society\*, Research in Social Stratification and Mobility\*, Research on Ageing and Social Policy, Review of Educational Research, RIS – International Journal of Sociology, Social Forces\*, Social Politics, Socio-Economic Review, South European Society and Politics, Statistical Methods & Applications.

#### **Scientific evaluation of grant schemes:**

1. Ambizione Fellowships (Swiss National Science Foundation, SNSF): *External Evaluator.*
2. ERC Starting Grant Scheme (European Research Council): *External Evaluator.*
3. FWO Research Scheme (Flemish Science Foundation): *External Evaluator.*
4. Horizon Europe (COORDINATE Transnational Access Visit Programme): *External Evaluator.*
5. La Caixa Social Research Calls (La Caixa Obra Social Foundation): *Panel Evaluator.*
6. Maria Skłodowska-Curie Individual Fellowships (Horizon Europe): *Expert Rapporteur.*
7. NWO Research Foundation (Dutch Science Foundation): *External Evaluator.*
8. Science State Agency Research Projects (Spanish Ministry of Science): *External Evaluator.*
9. SONATA Funding Scheme (Polish National Science Center): *External Evaluator.*

#### **Expert reviewer for national and international institutions:**

1. ESRI (Economic and Social Research Institute): *External Report Evaluator.*
2. International Labour Organisation (ILO): *External Report Evaluator & Advisor.*
3. IVALUA Institute (Catalan Government): *Consultant Advisor.*

### **PhD dissertation (viva) committee:**

1. Julie Pereira, Sciences Po, Paris (2025; scheduled)
2. Mattia Messina, University College Dublin (2024; scheduled)
3. Julia Leesch, Trinity College Dublin (2024)
4. Marta Facchini, Sciences Po, Paris (2023)
5. Anna Martinez Mendiola, Pompeu Fabra University (2023)
6. Stefanie Sprong, Trinity College Dublin (2022)
7. Sara Bojarczuk, Trinity College Dublin (2021)
8. Brett Ory (Erasmus Rotterdam University (2019)
9. Nuria Garcia, Centre for Demographic Studies, Autonomous University of Barcelona (2018)
10. José María Fernández-Creuhet, Rey Juan Carlos University (2015)

### **METHODS TRAINING**

---

- ‘Big Data and Social Media Research’ (C. Puschmann; UPF. Barcelona, Spain).
- ‘R Applied to Advanced Research Methods’ (P. Bauer; EUI. Florence, Italy)
- ‘Introduction to R’ (A. Del Rio; EUI. Florence, Italy)
- ‘Research Design’ (D. Gambetta & F. Bernardi; EUI. Florence, Italy)
- ‘Introduction to Sequence Analysis’ (N. Barban; UPF, Barcelona, Spain)
- ‘Generalized Linear Latent and Mixed Models’ (A. Pickles; Oxford, UK)
- ‘Panel Data’ (R. Duch; Oxford, UK)
- ‘Structural Equation Modelling’ (L.E. Malmberg; Oxford, UK)
- ‘Multilevel Analysis’ (K. Jones; University of Essex. Colchester, UK)
- ‘Structural Equation Models’ (W. Saris, UPF. Barcelona, Spain)
- ‘Selection and Endogeneity in Social Sciences’ (A. Holm; UPF. Barcelona, Spain)
- ‘Survival Analysis’ (T. Siedler; University of Essex. Colchester, UK)
- ‘Mixed Methods’ (R. Fishman; UPF. Barcelona, Spain).

### **SOCIETAL IMPACT AND MEDIA DISSEMINATION**

---

\* **Expert consultancy:** I have served as family policy advisor of Governments (e.g., the Catalan government) to help designing family policies that support low-income and lone-parent families. I have also served as consultant of international organisations (e.g., International Labour Organisation) to measure and conceptualise domestic and care work at a global scale. My active contribution in translating empirical research to **high societal and policy impact** shows my effort and success in making “real-world” impact from my scientific expertise and empirical research.

\* **Scientific policy reports:** I have been actively involved in an €8,4 million project titled *EqualSOC* (*Economic Change, Quality of Life and Social Cohesion Network of Excellence*), funded as “Network of Excellence” by the European Commission (2005-2010). This large cross-country consortium acted as a scientific think-tank that produced reports based on scientific outputs around social and economic equality and cohesion to provide practical recommendations to policy makers, markets, and society. As part of this network, I participated in various meetings and reports that provided **practical recommendations to policy makers and the large society** to promote social and gender equality.

\* **Evidence-based practical tools:** As the leading Irish-based PI of the EU consortium *DIGYMATEX* (2020-2025), a €3.5 million project of 12 partners and establishes synergies between researchers (e.g., from sociology, economics, business, psychology, media, computer science) and industries (i.e., IBM), we are building developing a new tool: the **Digital Maturity Index (DIMI)**. The DIMI is an evidence-based tool that we are currently testing across multiple European countries to measure and improve the positive experience of young people with digital devices and maximise their well-being and minimise risks related to social media and screen-based time. After testing the DIMI, we will provide practical tools

through mobile-app applications across multiple stakeholders (from industry to schools and public organisations). DIMI is supporting families and young people in their everyday digital life.

\* ***Collaborations between science and organisations:*** I lead research together with **local organisations** that promote positive well-being and mental health among parents and children, and I am currently working with schools to develop digital support tools for adolescent well-being, based on our school-based interventions. I am the leading PI of a collaboration between the leading Irish non-governmental organisation supporting lone-parent families (*One Family*) and my research team, which seeks to understand and promote the social support and well-being among lone parents (particularly mothers) and their children, particularly in Ireland. Through this cooperation between science and non-governmental organisations, my research team is providing new instruments and knowledge that are useful to understand and promote the mental health of lone mothers and their children.

\* ***Public and media dissemination:*** My research is regularly covered by leading media in Spanish and English: (a) Newspaper & radio coverage and interviews: El País, El Periódico, 20 Minutes, Público, El Mundo, Europa Press, Eldiario.es, La Razón, Irish Times, Fora, Jacobin, NewsTalk, RTE Radio 1, Tipp FM Radio, Sunday Times, Times, Irish Independent; (b) Media contributions and blogs: Population Europe, Inequalities Blog, Piedras de Papel, Politikon, Nada es Gratis.

## LANGUAGES

---

*Spanish* (Native); *Catalan* (Native); *English* (Fluent); *Italian* (Fluent).

## SOFTWARE PROGRAMMING

---

*Stata* (High); *R* (Basics); *SPSS* (Medium); *MLWIN* (Basics); *LISREL* (Basics); *NVIVO* (Basics)

## REFERENCES

---

Provided upon request.